

CTP025 The Jahan: Serenity Cruise 4 nights PP

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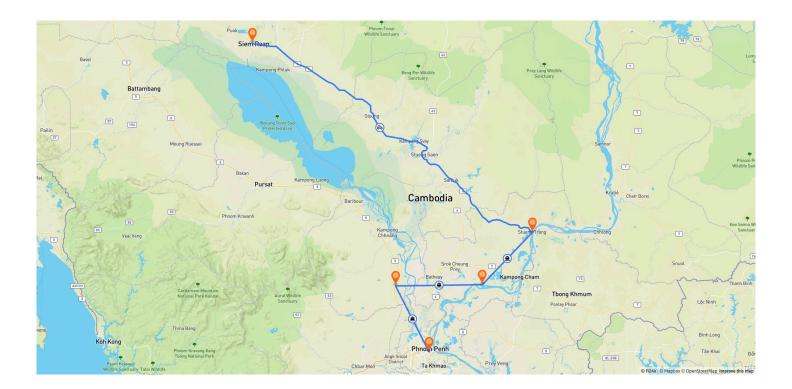


Intro

Heritage Line The Jahan: "Serenity Cruise" Phnom Penh to Siem Reap.

The mighty Mekong – a mysterious body of water flowing through six countries in Asia. Giving love and life to millions, it received its fame by the legendary God King of ancient Cambodia, King Jayavarman VII, who linked hands with the waters of the Mekong to build the magnificent Angkor civilization.

The best of rural Cambodia plus an in depth historical insight of Phnom Penh is offered with this 4-Night itinerary named "Serenity Cruise". See the unseen, discover ancient pre-Angkorian temples, relish the cordial smiles of the local people, be fascinated by the arts and crafts and immerse yourself in the astonishing Tonle's riverine landscapes and eco-system.





Day by Day

DAY 1:	Phnom Penh
DAY 2:	Phnom Penh - Kampong Tralach
DAY 3:	Kampong Tralach - Angkor Ban
DAY 4:	Angkor Ban - Stueng Trang
DAY 5:	Stueng Trang - Siem Reap



DAY 1: Phnom Penh

Welcome on board

Our staff offers a friendly welcome aboard in the earlier morning hours as you check-in into your luxurious home for the next few days.

Welcome to Phnom Penh, a city once renowned as the **Paris of the East**. Despite its rapid development, it has retained much of its rustic charm and elegance. Phnom Penh is a remarkable city with a history and culture that spans centuries, still palpable at every street corner. Our full-day sightseeing tour begins right after breakfast, allowing us to explore the cities highlights. We will start with a cyclo ride, meandering through the town and then visit historic places such as the palace and the silver pagoda. Our journey takes us to the **S21 prison**, a poignant and dark chapter in Cambodias history during the Khmer Rouge regime of the 1970s. Afterward, we will pause for a delightful lunch in town before continuing to visit one of

the countries most famous history museums, **Sosoro**, and concluding the tour with a leisurely stroll through the cities French quarter, including the iconic and aptly named monument of Wat Phnom.

In the evening, we invite you to an engaging expert lecture in the lounge. To cap off this eventful day, we wiil indulge in a delightful open-air barbecue and gala dinner accompanied by a classic Apsara dance performance. Afterward, feel free to explore the city at night, savouring Phnom Penhs vibrant nightlife or taking in the lively river promenade.

Accommodation: ****

🚊 Heritage Line Jahan

P☐ Double room

Included meals:















DAY 2: Phnom Penh - Kampong Tralach

Phnom Penh to Kampong Tralach

Before the sun peeks over the horizon, the cruiser sets sail, entering the Tonle River. The Tonle River is a natural wonder of Cambodia, and the scenery on both sides of the river is a true gem.

Our first stop is the island of Koh Chen, home to a renowned Silver Smith Village. Here, 400 families breathe life into silver, copper, and brass, crafting intricate art pieces and jewelry. A short stroll on the island reveals the fruits of their labour, including creations that once adorned Phnom Penhs Royal Palace, continuing to tell stories of exceptional craftsmanship. As we sail upstream, lunch is served, and our crew showcases afterwards various traditional Khmer fashions worn by locals during special occasions. We arrive at Kampong Laeang, situated just across from the famous pottery town of Kampong Chhnang. Once ashore, we embark on tuk-tuks to travel the heart of rural Cambodian life. During this excursion, we will explore various locals, discover the art of pottery making, and visit a charming pre-Angkorian temple. From a vantage point, we can enjoy panoramic views of the vast floodplains and lush rice fields (seasonal). Upon disembarking, we hop on our bikes to embark on our local Khmer discovery. Our journey leads us through rice paddy fields and quaint villages where small businesses produce pottery or palm sugar. With flat terrain and mesmerizing rural landscapes, the pedal is easy-going, offering a captivating glimpse into local life unfolding before our eyes. Distance: 17 km. Duration: approx. 90 min. Terrain: flat on concrete path We begin our journey downstream, sailing back towards Kampong Tralach, where we will anchor for the night.

Accommodation: ****

🚊 Heritage Line Jahan

□ Double room

Included meals:



















DAY 3: Kampong Tralach - Angkor Ban

Kampong Tralach to Angkor Ban

This morning, we will enjoy an exciting excursion to discover another part of rural Cambodian Kampong Tralach countryside. Our ox-pulled cart will transport us along the riverside and down winding back roads, flanked by picturesque rice paddies, until we arrive at a small village. Here, we will have the opportunity to learn about the local NGO school and library project. Alternatively, you can choose to visit the nearby ancient 300-year-old temple and Buddha shrine. Cycling (Ship 'The Jahan' only, extra cost): Experience another day in the heartland of Cambodia with our biking tour through the picturesque Tonle Region. Pedal through captivating landscapes, encountering treasures like the former royal palace of Lungvek and the venerable Buddha Jade Temple (1560) and just enjoy the timeless rhythms of local life as you witness skilled fishermen casting their nets in the tranquil waters of the Tonle. Distance: 14 km / Duration: approx. 120 min / Terrain: flat on concrete path.

A presentation about the Mekong and the Tonle River is offered as the ship sails downstream, passing Phnom Penh before entering the Mekong River. At the confluence of the Tonle and Mekong Rivers lies the small village of Prek Bangkong, known for its silk weaving community. This village was also the former residence of the Royal family before they moved to the Royal Palace. However, the real stars in this area today are the silk weavers, artisans who craft silk from the very beginning. We will have the opportunity to closely observe and learn about this intricate silk production process. We conclude this excursion by visiting the heritage house of H.E. Sam-El, once a famous architect for the royal family.

Cycling (Ship 'The Jahan' only, extra cost): Our cycling tour today takes us to the wonderful former royal palace of Lavea Em"(1601-1618). Pedal at ease through picturesque landscapes, punctuated by captivating stops at historic pagodas, vibrant silk weaving workshops, and bustling local markets. Indulge in a delightful tea break at the residence of H.E. Sam-El, adding a touch of elegance to your cycling adventure. Distance: 14 km / Duration: approx. 120 min / Terrain: flat on concrete path. The rest of the day is spent sailing up the Mekong to our overnight location. Enjoy a relaxing poolside sundowner cocktail hour with dance tunes before dinner and an evening cinema.



Heritage Line Jahan

□ Double room

Included meals:

















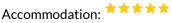
Angkor Ban to Stueng Trang

The morning Tai Chi session sets the mood for the day as we begin our tour of Angkor Ban. Morning Excursion: This place includes a monastery with a delightful local village behind it. You'll have the chance to meet monks during their morning class and engage in friendly conversations with the villagers. As we meander through the village, we'll get as close as possible to the local way of life, collecting wonderful memories of Cambodia's rustic lifestyle. This village is truly a gem to explore offering photographic and touching moments whilst interacting with the local community. Cycling (Ship 'The Jahan' only, extra cost): Today's journey with our cycling tour, starts with a tranquil monk meeting that sets the tone for the day. As you cycle through verdant seasonal vegetable fields, picturesque old local houses dot the landscape, offering glimpses into Cambodia's heritage. Witness skilled blacksmiths at work to understand the more about traditional craftsmanship. Conclude your adventure with a delightful pause, sipping on ice-cold local beer or indulging in the refreshing taste of freshly pressed sugar cane juice. Distance: 10 km / Duration: approx. 120 min / Terrain: flat on concrete path.

We sail to Kampong Cham during lunchtime. Afternoon Excursion: We are in the vast Mekong River at the town of Kampong Cham, which is an important trade and transportation hub but it still maintains scattered small hamlets around the outskirts where the community's rhythm blends with the skilled hands of artisans. For instance, in Cheung Krok, locals craft various handmade items, whether it's food, fashion, or other everyday goods. (The nearby Bamboo bridge, which is erected seasonally, serves as more than just a passageway; it's a gateway to the past). In light of Bamboo bridge reparation, the following substitute program will be operated until end of Dec 2024: Experience the wonders of Wat Prah Ang Chan, a captivating 12th-century cave temple perched on a hilltop, boasting breath-taking views of the river. The Stueng Trang district is a one of Cambodia's major region famous for fruit and vegetable plantations. Get some insight what and how fruits are cultivated here whilst engaging with an owner. The last stop beholds some local food tasting: Try the ever popular local snack "Kralan" - delectable grilled sticky rice on a bamboo stick.

Cycling (Ship 'The Jahan' only, extra cost): Embark on an appealing cycling adventure from the quaint town of Kampong Cham to the idyllic island of Koh Pen and get a sensation of the enchanting rhythms of Khmer life as you pedal through vibrant vegetable fields and verdant tobacco plantations. Along the road we can see the daily routines of local farmers, artisans or Khmer bee master passionately raising honey bees to make a living. The journey along scenic paved and unpaved roads is another venture to know more about life in the Cambodia's natural countryside. Distance: 16 km / Duration: approx. 120 min / Terrain: flat on concrete path.

Afterward, the ship makes its final journey, mooring mid-river near Stueng Trang with some farewell and party vibes along the way.





□ Double room

Included meals:

















Stueng Trang. - Siem Reap

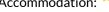
Enjoy your final breakfast aboard our floating sanctuary. We disembark the ship and transfer by bus to Siem Reap, which takes approximately 4 hours. To keep you entertained during the journey, our guides will share interesting insights about Cambodia and the region we pass through. We hope you've enjoyed this captivating river cruise as much as our crew does every single time. Take the enchanting memories and friendships with you and share the stories of this amazing river - the Mighty Mekong. You will arrive in Siem Reap in the early afternoon.

Accommodation: ****

Included meals:







🚊 Heritage Line Jahan

P Double room













Additional info

Included in the price:

- Mentioned meals in the program.
- Named hotels in the program.
- Activities as described in the program
- 24/7 assistance

Not included in the price:

- Meals not mentioned
- International flights
- Cambodia visa. (\$ 30, + 1 passport photo)
- Personal expenses, drinks
- Travel insurance
- Tips for guides / drivers

General Information

• No parts of this program have been reserved yet. We will start making reservations once we receive an agreement for

this. If a certain room type or accommodation is no longer available at the time of booking, we will propose an alternative.

- The price may change based on the availability of the room at the time of booking and the cost of regional flights at the time of issue.
- Land transfers from destination A to destination B are carried out by local drivers. We always try to find English-speaking drivers for our guests. However, it may happen that they do not always speak English well or only a few words.
- A description of a tour is always a standard description. Actual programs may always vary slightly, depending on the (weather) conditions. However, the intention of the tours always remains the same.
- Standard check-in time is from 2:00 PM. Standard check-out time is at 12:00 PM. Early check-in or late check-out can be booked for an additional fee.
- When making reservations, we always indicate the preference for bedding (double bed or twin beds), rooms next to each other or connected by a door. In most cases (95%) we get this, but we cannot guarantee this.