



# Theme: Being Active - 11 days

## *Individualized program for G Guest*

Cambodia - 2 participants - 11 days / 10 nights

Travelling from 01 May 2020 to 11 May 2020

Cambodian Travel Partner  
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### INTRO

We take each individual traveler and every request seriously to create a trip which suits you best. Our key is the fact that we listen. We just want to take all of this on board and tailor your itinerary to exactly what you require, rather than just try to sell you an off the shelf tour.

Our years of experience are here for you. We understand that every person has different preferences and requirements. We are here to get together with you and decide what exactly suits you the best, whether it be a particular hotel, attraction, itinerary or group profile, we can create a magical, one of a kind tailor-made experience.

Based on your interests and wishes, we will work on making an initial itinerary for you. After this, we are happy to adjust whatever you want to, creating a final itinerary that is certain not to disappoint. We just want to work closely with you at every step, making sure that your needs are taken care of completely.

Here you will find an example tour in the theme: Being Active. Let us know if we can help you to create your own dream.

### Cambodia

Cambodia is a kingdom in Southeast Asia. It is 181,035 square kilometres (69,898 square miles) in area, bordered by Thailand to the northwest, Laos to the northeast, Vietnam to the east, and the Gulf of Thailand to the southwest. Cambodia has a population of over 15 million. The official religion is Theravada Buddhism, practiced by approximately 95 percent of the population. The country's minority groups include Vietnamese, Chinese, Chams, and 30 hill tribes. The capital and largest city is Phnom Penh, the political, economic, and cultural centre of Cambodia. The kingdom is a constitutional monarchy with Norodom Sihamoni, a monarch chosen by the Royal Throne Council, as head of state. The head of government is Hun Sen, who is currently the longest serving non-royal leader in South East Asia and has ruled Cambodia for over 30 years. Cambodia has become a popular destination and the country is developing fast. The city of Siem Reap was about thirteen years ago a small place with dirt roads

and one traffic light, nowadays is the most touristic city of the country and the historical heart of Cambodia. The temples of Angkor is about seven kilometers of the city center and there are a lot of facilities to entertain the tourists from all over the world. But Cambodia is not only Angkor Wat. This fascinating, friendly country has so much more to offer. Countryside tours, floating villages, white sand beaches, tropical islands, jungle trekking, the mighty Mekong river, bicycle tours, cooking class, waterfalls, hilltribes, and much more.



### Day by Day

DAY 1: Friday, 01 May 2020 - Siem Reap airport > Siem Reap

DAY 2: Saturday, 02 May 2020 - Siem Reap > Siem Reap

DAY 3: Sunday, 03 May 2020 - Siem Reap > Siem Reap

DAY 4: Monday, 04 May 2020 - Siem Reap > Siem Reap

DAY 5: Tuesday, 05 May 2020 - Siem Reap > Tabas Village

DAY 6: Wednesday, 06 May 2020 - Tabas Village > Tabas Village

DAY 7: Thursday, 07 May 2020 - Tabas Village > Kampong Thom

DAY 8: Friday, 08 May 2020 - Kampong Thom > Phnom Penh

DAY 9: Saturday, 09 May 2020 - Phnom Penh > Phnom Penh

DAY 10: Sunday, 10 May 2020 - Phnom Penh > Phnom Penh

DAY 11: Monday, 11 May 2020 - Phnom Penh > Phnom Penh airport

**📅 DAY 1: Friday, 01 May 2020 - Siem Reap airport > Siem Reap**

Arrival in the Kingdom of Wonder

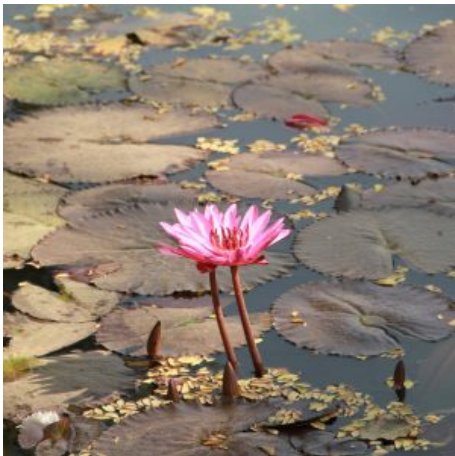
Welcome to Cambodia! We pick you up at the airport and take you to your hotel where you will be served a welcome drink and provided information on Cambodia and your fantastic trip ahead. We understand that traveling can be exhausting, and so we let to take it easy for today. You might like to freshen up in your room or relax on the deck in the palm tree garden with a view of the swimming pool. Add a cup of coffee or a refreshing cocktail and your holiday can begin. At the end of the afternoon, your tour leader will take you to a pagoda to learn more about Buddhism and be blessed by a monk, a very unique experience.

Accommodation:

🏠 A 4 star hotel

Included today:

- ✓ Transfer airport to hotel, meet and greet
- ✓ English speaking guide
- ✓ TukTuk to pagoda
- ✓ Blessing by monk



**📅 DAY 2: Saturday, 02 May 2020 - Siem Reap > Siem Reap**

Explore the temples of Angkor Wat by bicycle

Escape the crowds, busy roads and the well-worn tourist trails of Angkor as you cycle the paths less travelled. Go along back roads and forest tracks for a different side of these majestic temples with an expert cycling guide. You are going to visit Angkor Wat, Bayon, Ta Prohm and some villages.

Accommodation:

🏠 A 4 star hotel

Included meals:

ⓑ Ⓛ

Included today:

- ✓ Angkor bicycle tour
- ✓ Entrance Fee Angkor



**🏠 DAY 3: Sunday, 03 May 2020 - Siem Reap > Siem Reap**

Quad adventure and the heros of Cambodia

When you arrive in the office of Quad Adventure, we'll discuss the various options and decide on a final route. The final route we take depends on what you want to see on the tour, your aptitude to ride a quad and the time of year because some roads can be flooded during the rainy season.

This 4-hour tour will take you on an adventure through the Cambodian countryside around Siem Reap. You can go to see local villages, rivers, go off-road, and see many places around Siem Reap town.

There are many various routes available from easy routes suitable for beginners to more difficult routes for experienced drivers. We provide helmets and facemasks, but you should bring long clothing and closed shoes.

In the afternoon we will visit APOPO where you can learn how scent detection rats, nicknamed 'HeroRATS', help to rid the world of landmines - returning safe land back to communities for development.

Accommodation:

Included meals:

🏠 A 4 star hotel

ⓑ

Included today:

✓ Half day Quad tour

✓ TukTuk to Apopo

✓ Apopo Entrance




Making your own jewellery - Workshop Ammo

Ammo was founded by British jeweller Madeline Green in 2013. Ammo’s beginnings came as a result of working alongside long-established social enterprise Saomao, who have been training local people in jewellery making for over a decade in Siem Reap. Using bullets as a base metal for jewellery has been practiced in Cambodia for over 20 years and now thankfully the bullets we use are not from war or bloodshed. We simply recycle blank cartridges that have been fired once in practice – so it’s a great way to turn something negative into a positive! It’s a unique and fun activity and you can join our team to make a special piece of your own to take home!

In the afternoon we’ll pick you up to learn more about Cambodian food and they will teach you how to bring the taste of Cambodia back home. At a unique location a bit outside Siem Reap you will learn how to make three different meals and you will receive the recipes afterwards. They give you information about substitute products you can use if you want to try it home too. And after all this hard work it’s time to eat!

Accommodation:

Included meals:

 A 4 star hotel

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Included today:

✓ Workshop jewellery class 1,5 hour

✓ TukTuk

✓ Cooking class



Siem Reap - Koh Ker temple - Be Treed

Today we’re leaving to an unspoiled part of Cambodia. Our first stop will be Koh Ker Temple. Here was the capital city from 928 to 944 AD, northeast of Angkor. The temple is very secluded and is often overlooked because of its location, so a real insider tip. You can walk around the temple or go inside and explore it. Make sure you wear some good shoes! After a refreshing coconut we’ll continue our way and you will see many agriculture and farming along the way. At one point we arrive at a rubber plantation and if we cross this plantation to reach our destination in the forest you will have some stunning views. We welcome you to BeTreed Adventures in Preah Vihear Province, Cambodia. Working closely with the local community, they have developed a unique destination for the off-the-beaten-path travellers, nature seekers and adventurers in a small part of wild Cambodia. BeTreed Adventures is working on the frontline to protect 6,400 hectares of Cambodian’s “savannah” land, or dry dipterocarp forest. Through visiting, you will support these conservation efforts, encouraging the will of the people to preserve and protect their forest as they realize that conservation can provide a tangible and immediate benefit to them. You will love the owners Sharyn, Ben and their daughters Amelie & Jarrah. You will sleep in a house on stilts. There are no windows but there’s hot water and a private bathroom.

Accommodation:

🏠 A 0.5 star hotel

Included meals:

ⓑ Ⓛ ⓓ

Included today:

- ✓ Entrance Fee Koh Ker temple
- ✓ English speaking tourleader

- ✓ Private Car with driver



🏠 **DAY 6: Wednesday, 06 May 2020 - Tabas Village > Tabas Village**

Exploring Nature (Be Treed)

After a delicious breakfast, today is all about getting to know the environment. Be Treed is the brainchild of Ben and Sharyn who have lived in Cambodia for many years. Now they, their two daughters and their dogs, have dedicated their life to protect the forest from illegal logging and poaching in order to keep this little corner of Cambodia safe, green and beautiful. Their philosophy is to work directly with community partners working at trying to change things at a micro level, with the hope that this change can eventually impact many. Staying in this area allows you to experience pure nature at its finest, away from the tourist crowds in other areas of Cambodia. The forest is home to endangered and threatened species of Cambodian wildlife: banteng (wild cow), pileated gibbons, silver langurs, barking deer, sambar deer and many species of birdlife. The area also provides excellent opportunity for hiking through the forest. Here you can also explore Angkorian era “cave-temples”, and the quarries where the ancients carved out their stone, as well as admire the beautiful and aged trees people are working so hard to protect. There is also the opportunity to join Ben on one of his regular protection patrols. If you are feeling particularly adventurous, you can try the pair of 300 metre ziplines traversing a valley, providing you will beautiful panoramic views of the surrounding forest. You will spend your final night in the trees alone with nature, feeling you have got to know a side of Cambodia that few tourists are lucky enough to experience.

Accommodation:

🏠 A 0.5 star hotel

Included meals:

ⓑ Ⓛ ⓓ

Included today:

- ✓ Private Car with driver

- ✓ English speaking tourleader



**🏠 DAY 7: Thursday, 07 May 2020 - Tabas Village > Kampong Thom**

Hidden Temples - Preah Khan

After breakfast you will travel south along the dirt roads leaving the forest behind you and into the plains. Your first stop is the magnificent ruined temple of Preh Khan of Kampong Svay. The secluded jungle temple is as spectacular as some of its more famous relatives, yet is a virtual unknown on the tourist trail. The temple walls seem rise up out of the undergrowth, while large trees almost engulf the temple in certain areas. Preh Khan’s secrecy allows you to explore the entirety of this impressive complex in solitude, wandering in and out with the feeling that’s time, nor people, have touched this temple in hundreds of years. A truly unique and magical feeling, one that is very hard to come by these days in Cambodia.

We continue our way to Sambor Prei Kuk. These temples are listed on the Unesco world heritage list. On arrival, you get a bike from the locals, and visit the three main temples with your guide. The narrow paths through the forests will lead you to discover a temple around every corner, all completely overgrown with vegetation. If you are not comfortable with riding bikes, we can do the tour on foot or by car. After visiting the temples, we head to Kampong Thom and arrive late in the afternoon. After that we will take you through some beautiful countryside to Kampong Thom.

Accommodation:

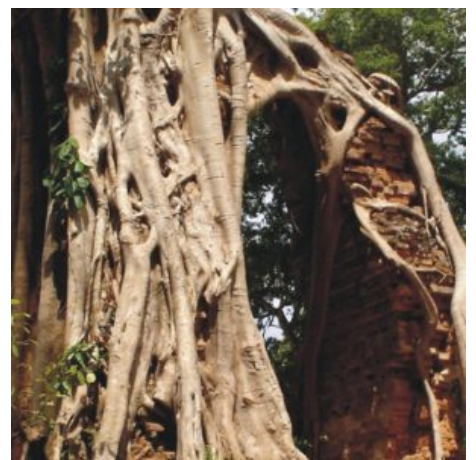
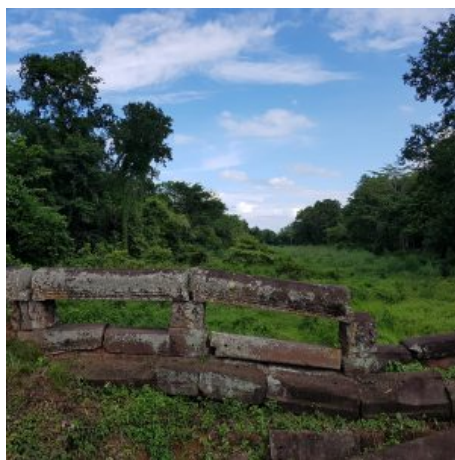
🏠 A 3 star hotel

Included meals:

ⓑ Ⓛ

Included today:

- ✓ Private Car with driver
- ✓ Entrance Fee Preah Kahn, Sambor Prei Kuk temple
- ✓ Local Guide Sambor Prei Kuk
- ✓ English speaking tourleader
- ✓ Bicycles Sambor Prei kuk




Foodie Tour

Your private tourleader and driver will say goodbye to you and will return back to Siem Reap and you will get a transfer to Phnom Penh, the capital city. Around lunch time you will arrive in Phnom Penh. The rest of the afternoon you can explore the city.

You will be picked up from your hotel and start the evening with an afternoon cocktail or beer while enjoying a beautiful view of Phnom Penh's. You will then be taken to a local market to try some tropical fruits, interesting desserts, delicious meats. If you are feeling adventurous, you can also try some of the local insect delicacies! Here you will get an insight into Cambodia's often under-represented food scene, rich history and culture. Finally you will enjoy a traditional, delicious Khmer BBQ, with a few drinks of course.

Accommodation:

Included meals:

 A 3 star hotel

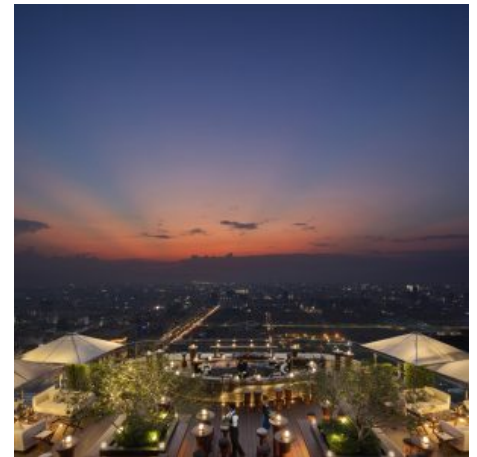
Included today:

✓ Private Car with driver

✓ English speaking tourleader

✓ Private Car Kampong Thom - Phnom Penh

✓ Evening foodie tour (join in tour)




Half day local fishing tour

In the afternoon you will learn how to fish like a true Cambodian fisherman on the banks of both the Mekong and Tonle Sap River! Learn how to throw the nets for maximum effect, and catch river wonders like catfish and the giant freshwater Mekong prawn! Get on board a traditional Cham fisherman's boat from the fishing village right across from Phnom Penh's riverside and cruise down the rivers as you find a suitable fishing spot to throw the nets out! At the end of the course your host would prepare a nice dinner of your catch right on the boat itself! Don't worry if you haven't caught anything, everyone will still get some fish for dinner!

Accommodation:

Included meals:

 A 3 star hotel



Included today:

✓ Fishing Tour in Mekong






**DAY 10: Sunday, 10 May 2020 - Phnom Penh > Phnom Penh**

Half day cycling on the Mekong Island

You will pedal away from the bustling city through the Mekong Islands that lie just north of Phnom Penh. Here you will be able to experience a much more tranquil side to the capital as you ride through smaller, local communities. On you return to the city you will discover a new view of Phnom Penh and of Cambodia. In the afternoon, you are free to explore the city yourself.

Accommodation:

Included meals:

 A 3 star hotel

Included today:

 Half day bicycle tour Mekong island (join in tour)

 TukTuk transfer back to hotel



**DAY 11: Monday, 11 May 2020 - Phnom Penh > Phnom Penh airport**

Time to say goodbye....

The final journey of your trip in Cambodia will be a private transfer to the airport outside Phnom Penh to catch your flight. We hope that you have enjoyed a wonderful trip through this truly beautiful country, and that you are leaving with happy memories which will last a lifetime. Cambodia has so much more still to offer, and we would be delighted to welcome you back anytime to show you more of this fantastic country and its charming people. Have a safe trip and we hope to see you again,

Included meals:



Included today:

- ✓ Transfer hotel to airport



## Additional info

Included in the price:

- Mentioned meals in the program.
- Named hotels in the program.
- Activities as described in the program
- 24/7 assistance

Not included in the price:

- Meals not mentioned
- International flights
- Cambodia visa. (\$ 30, - + 1 passport photo)
- Personal expenses, drinks
- Travel insurance
- Tips for guides / drivers